

Ottawa Newcomers Club Monthly Newsletter 2024





PRESIDENT'S MESSAGE – Nancy Starek

“Membership is a privilege; volunteering is the reward”

Welcome to 2024. Let's continue to grow and shine in the coming year. Every year is special in its own way, and our membership has been coming up with ideas to make the upcoming year unique with fun outings and adding new activities to our busy calendar. 2024 will be a different year for myself as I am counting down my last days to participate in ONC activities. What has made my time at ONC rewarding is volunteering over the past four years. If you have not yet, I strongly recommend that you reach out and get involved. I have made lifelong friendships and have had fun planning activities for the membership.

Wishing everyone a happy and healthy New Year!

VICE PRESIDENT'S MESSAGE

Barb Kennedy

*“What the New Year brings to you will depend
a great deal on what you bring to the New
Year.” -Vern McLellan*

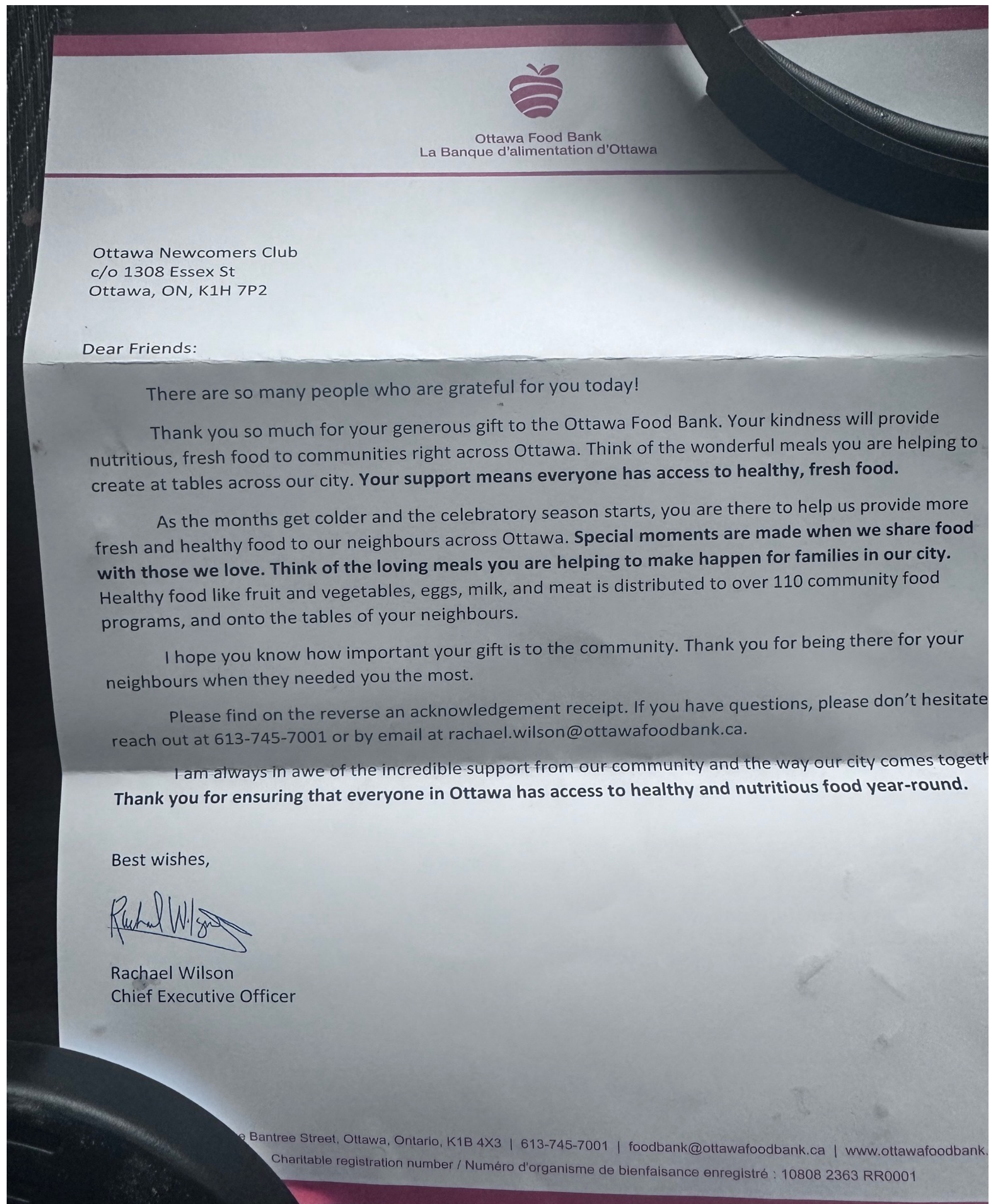


It is hard to believe that 2024 is here. I am about halfway through my term as your Vice President and couldn't ask for a better bunch of ladies to work with. Have any of you made a New Year's resolution yet? If not, why not try volunteering with one of the many ONC activities or even as a board member? Did you know that volunteering helps you feel better about yourself by improving your self-esteem and confidence? It also helps you meet new people, which can help you feel more connected and valued. Speak to any of the convenors or board members if you have any questions or are interested in helping out.

Looking forward to seeing you during our activities which continue through the winter months. Snow and cold do not stop us....only blizzards and icy conditions!

Happy New Year!

Here is a copy of a letter we received from the Ottawa Food Bank acknowledging our donation of \$500. Helping others in our community is always important – especially it seems during the holiday season when the need is so great.



Membership

Due to increased travel opportunities Evelyn Lazare will be stepping down from her board position of membership. We would like to thank her for all her hard work and contribution she has provided to the club over the last several years. Happy travels Evelyn!

ONC continues to welcome new members, not only from across Canada, but increasingly from other countries. Spread the word when you can; we are always open to new memberships.

Email: membership.onc@gmail.com



To Our New Members

Please welcome our four new members!

- Denise Stocco came to us all the way from Victoria, B.C. and lives in the neighbourhood of Carlingwood.
- Jocelyne Robidoux moved from Pembroke and now lives in Barrhaven.
- Sarah Duncan moved here from the United States and lives in the Glebe.
- Necla Kayili moved from Gatineau and now lives in Centretown.

We hope you enjoy all the wonderful activities offered by ONC.

All the best for a very Happy New Year!



“Meet A Member” Corner

Hello! My name is D SANTERRE-BRUNETTE

Born and raised in the province of Québec, life as an adult took me to Saskatchewan, New Brunswick, Ontario, Alberta and Nova Scotia. I consider myself Canadian without regional affiliation.

I currently live in the Middle East End of Ottawa, what was called Cumberland Township before amalgamation. We moved in during the height of the pandemic.

My previous careers include law enforcement, clerical federal government jobs, banking, retail, primary school support worker, daycare provider. I have also been involved with a lot of volunteer activities: advocacy for special needs children, Parents&Teachers committees (usually as treasurer), fundraising (Europe trips for high school students).

My favourite thing is sewing costumes (Halloween/Comicon). I have yet to sew something special for myself, but I have sewn many for my daughters based on themes such as “Pirates of the Caribbean”, “Lord of the Rings”, “Outlander”, “The Matrix” and “Mario Brothers” video game. I also like to read. I recently became addicted to audio books because they allow me to enjoy the story while keeping busy with other things or driving. I enjoyed my time in Newcomers when I moved to Edmonton, Alberta, in 2001. I am hoping to repeat the experience in Ottawa.

ONC Roster

Did you move, get a new phone number or email address? Please email me with any changes or corrections. Please remember that the ONC Roster and *social* media are for our members only and shall not be used for commercial gain, political purposes, charitable solicitation or distribution to third parties.

Karen Roberts, ONC Roster Chair Email: oncroster.kmr@gmail.com

“Meet More New Members!!

Hello! My name is Jocelyne Robidoux. I am originally from a farm in Manitoba. I've lived in many places but most recently 14 years in Pembroke, Ontario. I retired in 2019 with plans to return to Manitoba but Ottawa is such a great city I decided to stick around here for a while. I live in Barrhaven. I had a career as a speech therapist for 20 years mostly in schools but also with adults in private homes and retirement homes. I worked in the Federal government prior to that. My hobbies and interests include anything outdoors; hiking, biking, cross-country skiing, snowshoeing and running which is the main reason I moved to Ottawa originally. I also enjoy reading, gardening and art. ONC looks like a great club. I love that you have so many activities to cover different interests!

My name is Necla. I was born in Turkey. I have been living in Canada for 26 years and have lived in 4 different cities: Toronto, Saskatoon, Gatineau and Ottawa. I moved to the Ottawa downtown area in July 2023. I worked as an engineer in Turkey and as a private tutor in Toronto for many years. In my spare time, I enjoy swimming, walking, reading, and listening to music. I recently joined the Turkish choir and I am enjoying it even though I don't consider myself a good singer.

I joined ONC to make new friends, explore the city and do activities together that I find enjoyable. Thank you all for welcoming me into the group.

New Activity: Moms time out

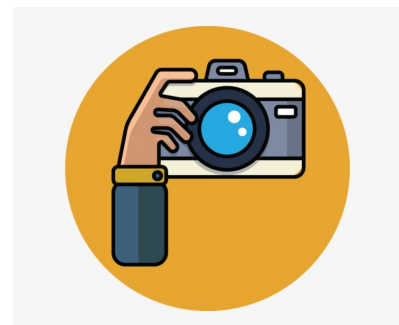
We are getting ready to start a new activity in 2024 for moms aimed at helping them transition into Ottawa.

The activities will include sharing knowledge, experiences and just having a good laugh.

If anyone is interested in joining or knows someone who may be interested, please email perpetuamulikita@gmail.com

Housekeeping Reminders.....

Photos at ONC



A gentle reminder to those of us that like photos being taken, please keep in mind others do not.

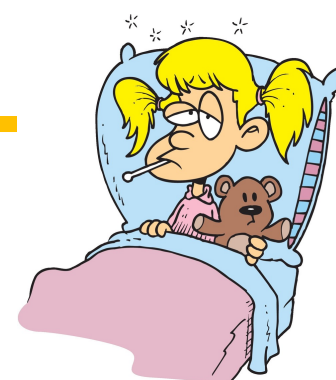
- Always **ASK** before taking that photo to create a comfort level for all.
- Check with your HOSTESS to see if they too are comfortable with a photo opportunity in their home and what the parameters may be.

We would like to continue to see photos taken at our wonderful events and outings and by no means are we asking you to stop taking photos, just asking all to be mindful as we do. Perhaps offer a photo opportunity by a tree or a sign etc. and those wanting to participate can be easily included.

If you plan to post on our **Facebook page - ask about that as well**. Some member might prefer not to have their photo placed there. ONC Facebook is a closed group that we oversee diligently. Each year as members leave ONC their names are removed so only current ONC members that have asked to join our Facebook group will be permitted to participate.

Thanks to each of you for doing your part to continue to make ONC a great place to be!

Feeling unwell?



Please only attend an outing or activity if **you** feel well. If you attend an activity and feel unwell afterwards please advise Nancy Starek and your convenor. Transparency is critical for everyone's well-being.

Respiratory illnesses continue to be present despite vaccines, boosters, hand sanitizers and masks. Learn about the latest information on public health measures, including masking and mask use.

<https://www.ontario.ca/page/protection-covid-19-and-other-respiratory-illnesses>

Restaurant Guidelines

As many of our activities are in restaurants either as the main outing or at the end of an activity, we would like to ensure that everyone understands ONC's guidelines.

Here are some reservation tips to keep in mind:

1. A reservation made is a reservation paid.
2. If you are not well send an email to the convenor *as early as possible and well before the arranged time*.
3. Check the roster to see if there is anyone in your neighbourhood that is interested in carpooling. The roster is updated on the 15th of each month and comes with the newsletter.
4. Just in case you can't find the restaurant please take the convenor's cell phone number with you. We are happy to guide you to the right spot.
5. ONC does not have a credit card or money in our budget to cover shortfalls.
6. Please pay your bill before you stand up to leave. If you need to leave by a certain time inform the wait staff after you have placed your order.

Looking forward to many more tasty meals with our fun membership!!!



Tender Loving Care (TLC)

Convenor: Lynn Lanctot
Email: lanctot.social@gmail.com



As we make new friends, conversation sometimes turns to sharing life's challenges.

If you know of any member who has lost someone near and dear to them, or who is seriously ill or has undergone surgery, please let me know so that a card may be sent & support offered. Or perhaps you or another member has something celebratory to share - an accomplishment, a new grandchild, a milestone birthday. Most of us are relatively new to Ottawa and if so, our circle of family or friends can be quite small in the beginning. ONC wants to be there for its members through all times of life.

Thank you for your help with this - we don't want to miss anyone! And remember, TLC continues throughout the year.

JANUARY

2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
			Grandmothering Group	Mahjongg	Card Games Scrabble	
7	8	9	10	11	12	13
	Afternoon Bridge	Bridge (AM) Spanish Conversation		Walk and Talk Knitting for Charity	Happy Hour (Zoom)	
14	15	16	17	18	19	20
	Afternoon Bridge Mondays at the Movies	Bridge (AM) Woodsy Rambles	Fun Lunch	Art Gallery visit	Conversations en français	Duplicate Bridge
21	22	23	24	25	26	27
	Afternoon Bridge	Bridge (AM) Coffee and Chat	Afternoon Book Club	Plus One	Out and About	Movie Night – Netflix (Zoom)
28	29	30	31			
	Afternoon Bridge	Bridge (AM)				

Join Me!!!

Date: January 2024

Time: Anytime!

Place: Anywhere!

Convenor: Elaine McCallum **Email:** alohafromelaine@gmail.com



JOIN ME is for spontaneous activities. If an ONC member would like company to go skiing, skating, out for a coffee, a concert, a walk, or whatever, they e-mail the convenor with details of date, time, place, etc., with their e-mail and phone number. The convenor forwards the invitation to Join Me members, and if they're interested, **they contact the person making the request**. If you would like to be added to the JOIN ME list, please let me know.

ONC/ONAC Grandmothering group

Date: Wednesday, January 3rd (We were asked to switch with ONAC Member's Lunch this month)

RVSP : **December 27th** by email to Shelagh

Time: 12:00 pm to 2:30pm

Convenor: Shelagh Spence **Email:** shelagh.spence@hotmail.com

Hostess: Karen Cormier (ONC) Alta Vista area



Let's welcome in the New Year "Grannie" style. Please bring along your own brown bag lunch. Karen's home can accommodate up to twelve Grandmothers. I will create a wait list if need be! *Come share the many joys and sometime challenges of being a grandmother.*

More details to be provided after your RSVP.

ONC American Mahjongg

Date: Thursday, January 4th
Time: 10:00 to 12 Noon
Hostess: Kelley Johnston
Convenor: Marita Bonk **Email:** marita.bonk@me.com
RSVP: Monday, January 1st to convenor



Please come and join us for American Mahjongg. We are currently playing with the 2023 Mahjongg card. Please bring your card with you. A follow up email will be sent after the RSVP date to players who did RSVP, confirming their spot and address where we're playing. Please note that this month our space is limited to **12** players.

We do allow people to watch as we play, to see if they are interested in learning the game. Please contact the convenor if you would like to join us!

Scrabble

*****Joint ONC/ONAC activity*****

Date: Friday, January 5th
Time: 10:00 am - Noon
RSVP: Thursday, December 28th
Cost: \$2 (covers the cost of the room rental)
Place: Barbara Kennedy's (Alta Vista area). Party room in my building
Convenor: Barbara Kennedy **Email:** claynat@aol.com



Calling all wordies to a New Year of scrabble!

Doesn't matter if you haven't played before. Very easy to learn. Come spend a lively morning playing and socializing. I have 4 board games so we can have up to 16 people. Coffee and tea provided, and we take turns bringing a snack to share. Plenty of visitor parking in the back of the building plus street parking.

Card Games

Date: Friday, January 5th

Time: 10:00 am - Noon

RSVP: Monday, January 1st

Cost: \$2

Place: Barbara Kennedy's (Alta Vista area). Party room in her building

Convenor: Judy Mayer

Email: judymayer000@gmail.com



Calling all card players! If you are interested in playing cards, or learning new card games, come on out. We are a small group of women; 5-8 players. Doesn't matter if you haven't played before. Very easy to learn. Come spend a lively morning playing and socializing. I have many card games for any number of people, from easy to challenging. COFFEE and TEA will be provided. For directions or if you have any questions, please email me.

Look forward to seeing you soon!

Spanish Conversation

Date: Tuesday January 9th and every 2nd Tuesday of the month

Time: 2:00 – 3:30 pm

RSVP: Friday, January 5th

Convenor: Renée Boire Lagassé

Email: redboire@gmail.com



Join us for tea or coffee and cookies and intermediate and more Spanish conversation the 2nd Tuesday of the month at 2 pm (or 1:30 if better for all) at 1166 Wellington West Retirement Community. Parking for guests in garage if needed. Cups always scarce here bring your own if you care to. Hasta pronto!!

Evening Book Club

Convenor: Arlene Prill

Email: arlene.prill@outlook.com



Hello everyone!

ONC Evening Book Club will be taking a break in January 2024, but will reconvene once again in February 2024 with another great book selection!

We would like to take this opportunity to wish you all a very joyous Holiday Season and a fabulous start to the new year!

See you all again in February!

Cheers,

The Evening Book Club group!

Members' Monthly Lunch Dining Out - Let's Do Lunch

Monthly Lunch and Dining Out is taking a break in January. We're probably all trying to take a break from all the holiday goodies! See you in February.





Did someone say bridge??



We are so lucky as members of ONC to have three different bridge clubs available! Monday afternoons, Tuesday mornings and the third Saturday evening of the month.

Monday Afternoon Bridge

Place: Sandy Hill Community Centre, 250 Somerset St East. (free parking)

Convenor: Mary Ann Guy maryannguy@rogers.com

Date: Mondays – January 8th, 15th, 22nd and 29th

Time: Please arrive at 11.45; we finish by 3pm

January organizers: Dorothy Akitt d-akitt@live.ca phone 613- 599-3106. Also helping out this month are Mildred Breault and Mary Gibbons

The new year, 2024 will see new contracts bid and made, new hands to play, and new faces and friends to meet. For just 4 dollars you can join many interesting ladies and have a fun afternoon laughing, chatting and playing cards. This could be the month you bid and make a grand slam. Wow!! Many thanks to our monthly volunteer organizers who are keeping our Monday bridge running smoothly. Wearing a **NAME TAG** helps us all recall forgotten names and certainly helps the newcomers to the group.

Contact Dorothy Akitt to sign up for January, Monday afternoon bridge sessions. Please remember your **Coffee MUG**. All levels of bridge players are welcome, and no partners are necessary.

ONC/ONAC Tuesday Bridge Group

Where: Overbrook Community Centre, 33 Quill Street (Between Donald St and Queen Mary)

Room location: Main Floor at the end across from the gymnasium

When: Tuesdays from 11:30 a.m. to 2:30 p.m. We will play on Jan. 9th, 16th, 23rd and 30th this month, weather permitting. 🙌 No game on Jan. 2nd. ❄️❄️❄️ Note that in case of a major snowstorm, you would receive a cancellation e-mail from me.

Cost: \$4.00 per person (Exact change appreciated)

Convenor: Barb Vogan **Email:** cvogan@sympatico.ca

Home: 613-590-8229 **Cell:** 613-837-2520

While you do need to have played some bridge before, this is a fun and relaxed group with many different levels of players who are happy to learn from one another. You do not need a partner to play, however your spouse is very welcome to join us if they like to play bridge.

COFFEE and TEA will be provided. Please bring your own mug and snack.

REGISTER to play by the Friday morning before, by e-mailing me or calling me at 613-837-2520. *Your name will be added to the list, and you will receive a confirmation email.

Our group looks forward to meeting you soon! ♣♦♥♠♣♦♥♠

ONC/ONAC Saturday Evening Duplicate Bridge

Date: Saturday, January 20th (and every 3rd Saturday of the month)

Location: Qualicum Graham Park Community Centre 48 Nanaimo Dr., Nepean

Time: 6:45 P.M. – 9:30 P.M.

Convenor: Ann Powers

Email: annpowers87@AOL.com **Cost:** \$5 per team

We welcome 2024 with optimism, sending warm wishes to you all for a year filled with joy and good health. We also welcome you to join us at the duplicate bridge table this month and test your team's skills in an easy-going environment. Along with the challenge of making the most of your cards, teams take turns each month vying for 1st, 2nd or 3rd prize, while dunking Tim Bits graciously supplied by one of the teams. Tea and coffee are provided so please remember to bring a mug if you wish to imbibe.

And on a final note ... If you are looking for a duplicate partner, don't hesitate to contact me as there may be other members looking to do the same.

See you at the Saturday Evening Duplicate Bridge Table.

Carpooling

Carpooling is a great option to assist members without cars, to get to know each other, to address parking issues at the event and to help tackle climate change. The event-confirming email will list all attendees. Feel free to reach out to offer a drive or ask for a drive!!



Walk and Talk

- Location:** Chinatown, Somerset St.
- Date:** Thursday, January 11th **Time:** 10:00 am
- Meeting Spot:** Corner of Rochester and Somerset St.
- Parking:** Take Rochester Street off of Somerset, heading South and the road that runs parallel to Somerset (Anderson Street) has two and three hour free parking.
- Convenors:** Joanne Block and Denise Wesselow
- Email:** dwesselow@yahoo.com
- RSVP:** by January 8thth to Denise Wesselow

To coincide with Chinese New Year at the end of the month, we will be heading down to Chinatown for a tour of the area taking in the multitude of restaurants, shops and Chinese emblems and learning how this area came about. We will wander along Somerset Street and branch off to some of the side streets in the area. Approximately a 60-90 minutes walk. We will end the walk at one of the many small cafe's or try out some Chinese, Vietnamese or Korean delicacies for lunch. There is much to choose from!

Knitting for Charity

- Date:** Thursday, January 11th
- Time:** 1pm to 3pm
- Place:** Alta Vista Public Library (basement room) 2516 Alta Vista Dr.
(* a small fee will be collected each month to cover the room rental of \$16).
- Convenors:** Sandra Browne and Mary Gibbons
- Email:** san.browne@Hotmail.com marygibbons02@gmail.com



We welcome knitters of all levels (beginners to skilled) from ONAC/ONC who would like to join us. Those with the skills will help others get started. We have now adopted a new project in support of Health Partners Intl Canada (HPIC). This will be hand knit, very cute "Izzy" dolls which are included with packing of medical aid shipped to overseas destinations, and then distributed to young children at the receiving end. (see link hpiccanada.ca or google izzy dolls). We look forward to seeing you in January with lots of 'izzy doll' and other conversations. Don't forget your name Tags!!



Place: Zoom

Date: Friday, January 12th

Time: 4pm – 5pm

RSVP: Wednesday, January 10th

Convenor: Berjis Anvar **Email:** berjis.anvar@gmail.com

Happy New Year Everyone! Grab your beverage of choice and meet us for a pleasant hour of lively discussions. Reconnect with a few ONC members you know, and possibly meet a new ONC member. Talk about your interests, ask questions, share your news and experiences, and enjoy the time we spend together. Please join if you can.

Monday at the Movies

Date: Monday, January 15th

Place: Bytowne Cinema, 325 Rideau St.

Convenor: Sandra Gregson

Email: sandragregson17@gmail.com

The Bytowne Cinema is a one-screen repertory movie theatre located on Rideau Street several blocks east of the Rideau Centre. It is one of Ottawa's main venues for independent and foreign films.

We will be going to either the late afternoon or early evening film on the third Monday of each month. I won't know the films in advance of the ONC monthly newsletter as the film schedule is out only a few weeks ahead of time.

If you are interested in going to the monthly film, please send me an email and I will send out an email about 1 week before we meet giving the name of the movie and the time, etc. There is no assigned seating at the Bytowne so you can purchase your ticket at the box office on arrival or, with a service charge, on-line in advance. Tickets are \$14. You may want to consider an annual membership (\$13.26/year or \$8.85/year for 65+). With membership, you save \$4 on the price of the ticket (\$10 instead of \$14).

The Bytowne is easily accessible by several bus routes and parking is available at the nearby Loblaws (entry from Nelson Street) at a flat rate of \$4.

Woodsy Rambles



Location: Anderson Road - NCC P20

Date: Tuesday, January 16th

Time: 10:00 am

RSVP: Saturday, January 13th

Convenor: Julie Breeze Email: julie.breeze@yahoo.ca

This month we will explore the beautiful sheltered trails by Anderson Road. Keep an eye out for some special surprises in this forest! We will walk for about an hour and a half, and then head to Swiss Chalet for lunch.

Ottawa has cold winters, so we must enjoy them. Dress warmly and come out and make the most of the pleasures of this classic season! Feel free to wear either boots or snowshoes, whichever you prefer.

PLACE/AREA: Riverside South

HOSTESS: Nancy Starek

DATE: Wednesday, January 17th

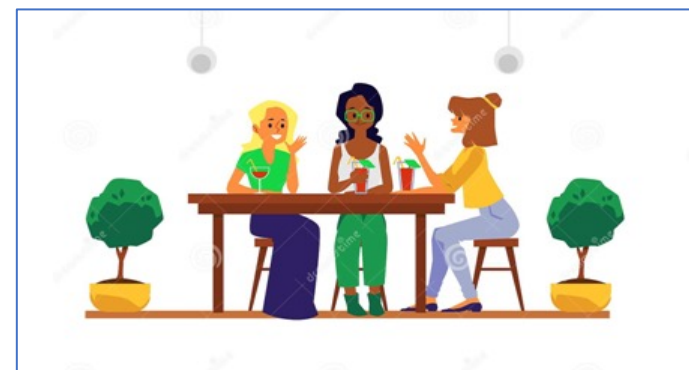
TIME: 11:30 a.m.

CONVENOR: Kelley Johnston

RSVP: using google form

https://docs.google.com/forms/d/14n_2UWpY4iaZKBkmAZWdlfe9DtQ4IzBKaAOaPMWo030/edit by **Wednesday, January 8th, 2024.**

Fun Lunch



Fun Lunch is a great opportunity to meet ONC members and share a lovely meal and wine, while getting to know each other better. You may bring an appetizer, salad, entree, dessert, or white wine. The convenor will monitor the menu to avoid having too much food of one category and not enough of another. Should it be the case, you may be asked to bring something else.

Please have your food and serving utensils ready when you arrive. For those who supply the wine and appetizers, please be prompt. Regular attendees will bring a dish from each category at least once during the year. A guest list is created on a first come basis once the newsletter has been published. A hostess can accommodate a limited number of guests, so it is best to sign-up early to avoid any disappointment. If you wish to attend, please complete rsvp -google form indicating what you would like to bring.

The maximum number of attendees for this event is 10 members. If you **cannot** attend after you have signed up, please inform me right away by emailing me at kellyjohnstn@rogers.com as there may be a wait list and someone else could take your place. Closer to the date of the event, an email will be sent with the address and parking information.

If you are interested in hosting a Fun Lunch, please let me know we have a few openings to host in the New Year.

Art Gallery Visit

Date: Thursday, January 18th
Place: Ajagemo Art Space, 150 Elgin Avenue, at Gloucester.
Time: 11 am
Admission: Free
Convenor: Nancy Kellett **Email:** kellett.nancy@gmail.com
RSVP: Monday, January 15th

Our next visit will be to the Ajagemo Art Space, on Elgin Avenue, in downtown Ottawa. This space, at the Canada Council for the Arts, features performance events and exhibitions of contemporary Canadian art, including works from the collection of the Canada Council art bank.

The current exhibition is called “Coming in Sight: the 50th Anniversary of Art Bank Acquisitions”; and consists of 24 artworks, featuring a diversity of perspectives by artists from coast to coast.

We will meet up just inside the entrance, at 11 am. Don’t forget to wear your name tag! As usual, we will go for lunch afterwards at one of the many local restaurants.

Conversation en Français

Date: Vendredi 19 janvier
Heure: 12 heures
Lieu: Westboro
Hôtesse : Dianna Ericson
Organisatrice: Dianna Ericson **Courriel:** dericson@bell.net
RSVP: Lundi 15 janvier



Rejoignez-nous pour un après-midi de conversation en français. Tout niveau de prise de parole est le bienvenu. Apportez un repas léger ou un café et un scone si vous le souhaitez.

Coffee and Chat

Place: IKEA, Pinecrest Shopping Centre, 2685 Iris St
Location: Restaurant, Top Floor (*towards the back corner of the restaurant*)
Date: Tuesday, January 23rd
Time: 10:30 am
Convenors: Dorothy Black dorothyandkenblack@gmail.com
Nicole O'Hara nicoleohara8@gmail.com
RSVP: By January 20th to Nicole O'Hara nicoleohara8@gmail.com

Join us for Coffee and Chat and meet members old and new to chat about and exchange notes on our wonderful new lives in Ottawa! We get together for an hour or so at 10:30 am at IKEA.

Afternoon Book Club

Date: Wednesday, January 24th
Place: Karen Cormier's (Riverside/Bank Street)
Time: 1:00pm to 3:00pm
Convenor: Karen Cormier
RSVP: ktcormier@icloud.com
Book: **Small Things Like These**
Author: **Claire Keegan**



It is 1985 in a small Irish town. Bill Furlong, a coal merchant and family man, makes a discovery while delivering an order to the local convent. This discovery forces him to confront both his past and the complicit silences of a town controlled by the church.



“Plus 1”

Back by popular demand!!!

Location: Merivale Bowling Centre, 1916 Merivale Rd., Nepean
Date: Thursday, January 25th
Time: 6:00 pm
Convenors: Karen Cormier/Nancy Starek
RSVP: ktcormier@icloud.com by Jan 21st



Let's strike up some fun with an evening of 5-pin bowling! No skill required. Enjoy a pint, have a lite bite and some laughs. This event is open to all ONC members. You may also invite a “Plus 1” (spouse/partner, friend, family member or visitor).

Cost: \$19.25 per person for 2 games and shoe rental. For the staff to set us up as a group, the convenor will make one payment for the group. Preferred payment method is by e-transfer to ottawanewcomers6@gmail.com by January 21. Please note on the e-transfer: “Your Name/Bowling”. If you are unable to e-transfer, please meet Karen no later than 5:45 with the exact change.

Out and About

Place: Parliament Hill – meet at the New Visitor Welcome Centre located between West Block and Center Block
Location: 111 Wellington St
Date: Friday, January 26th
Time: 10:00 am (Tour starts at 10:45 am, 25 minutes required for security check)
Cost: This one is free!!!
Convenors: Linda White & Barb Kennedy
RSVP: lindalouwhite@yahoo.com
RSVP BY: Thursday, January 18th (the tour is limited to 24. Please RSVP early indicating either: (a) tour and lunch or (b) tour only).

DESCRIPTION:

West Block, constructed between 1859-1865, is one of Parliament Hill's original buildings. During the 40-minute tour we will discover the history, roles, art and architecture of the House of Commons. Following the tour, we'll take a short walk to Brixton's British Pub at 210 Sparks St for a casual and cozy lunch gathering.

There is Parking at nearby City Parking Lots. See locations at Ottawa.ca Parking Map. An email will be sent to registered attendees with carpooling and important event information. Hope you can join us!

Place: Watch the movie anywhere, anytime you want.

Discussion will be on zoom

Date: Saturday, January 24th

Time: 4:00 p.m.

Movie: NYAD

Convenor: Mary Mathew

Email: marymathew64@hotmail.com

RSVP : Monday, January 22nd



IMD rated the movie 7.1/10.

Determination is a beast, and this cannot be better portrayed as it is in NYAD. This movie is a gripping true story. Diana Nyad's distance swimming feat without a shark-cage is incredible. It came with challenges in relationships, coaching, health, and technology. The shark-shield and silicon mask additionally describe the design strategy that went into it all in 2013. Fantastic acting by Annette Bening as Diana and friend, Jodie Foster as Bonnie Stoll. Inspiring and true to her dreams, she finally concludes "never give up, you are never too old to taste your dreams, it looks like a solitary sport, but it takes a team"!

Now is the time to
start planning your
January activities with
ONC!!





ONC FACEBOOK PAGE

When we are unable to meet in person for ONC activities, the Members' private Facebook page

<https://www.facebook.com/groups/ottawanewcomersclub/>

is a good place to go.

Members of the page can post listings for free online about events like concerts, plays, film festivals, tours of museums, ride sharing and all sorts of other events.

Members are welcome to post information, in accordance with the Page Guidelines, that would be of interest to other ONC members or to ask questions and seek advice about Ottawa resources like; health care, home renovation specialists, etc.

In order to join the **ONC Facebook page**, one has to join Facebook.

Note that the ONC Facebook page is a Closed Group and can only be viewed by ONC members.

For advice/help on joining Facebook safely and securely, contact Diane Laundy at diane@dianelaundy.com

ONC's WEBSITE <https://ottawanewcomersclub.ca/>

The colorful interactive homepage is open to the public and contains information about the club, its activities and how to join.

Once one becomes an **ONC** member, access is provided to the private Members-Only area through a special Username and Password. The Password is changed in September and February every year for security reasons.

What can you find on the ONC Website? In the members-Only area you will find the following:

- A Message from the Club President
- Activities information and a Photo Gallery
- An Interactive Calendar of Activities
- The latest Newsletter and an Archive of past issues, Membership Renewal Information and Waiver Forms
- The current Board of Directors, their contact information and their Job Descriptions
- The Club's By-Laws and the Annual Financial Statements
- Links to Government Services, Utility Companies and Social Organizations

ONC Website Calendars and Some emails from the Newsletter ARE INTERACTIVE!

When preparing to reserve or indicate your participation at an ONC event, Convenors' email addresses are now hot links on the **Website** Calendar. Click on the email address and your default email program will open with the Convenor's email address already filled in.

2023 – 2024 Ottawa Newcomers' Club Board

President	Nancy Starek email: nstarek10@gmail.com
Vice-President	Barbara Kennedy email: claynat@aol.com
Treasurer	Perpetua Mulikita email: perpetuamulikita@gmail.com
Secretary	Margaret Hancock email: marghancock3@gmail.com
Member @ Large/TLC	Lynn Lanctot email: lanctot.social@gmail.com
Membership	Vacant email: membership.onc@gmail.com
Newsletter	Wendy Watt-Visintini email: wendywatt250@gmail.com
Program	Kelley Johnston and Louise Steeves Email: kelleyjohnston@rogers.com louise.steeves@gmail.com
Publicity	Pauline Houlahan email: houlahanpauline@gmail.com
Roster	Karen Roberts email: oncroster.kmr@gmail.com
Website & Facebook	Eve Moulding and Diane Laundry Email: everlilym@yahoo.com diane@dianelaundy.com