

Ottawa Newcomers Club Monthly Newsletter

January



https://ottawanewcomersclub.ca/



JANUARY 2022

PRESIDENT'S MESSAGE



A toast to the New Year and 50 wonderful, fun filled years of the Ottawa Newcomers' Club. 1972-2022. We are hoping to make this year extra special. Please join us in celebrating all that is Ottawa Newcomers.

Be sure to enjoy the special opportunities at Ottawa offers, like Winterlude and skating on the Rideau Canal.

Please feel free to contact me anytime with questions or concerns or ideas!

Remember!!!!!

Please email the convenor each month for activities you would like to attend. When you reply to activities or other emails, **limit the REPLY ALL** setting unless it is a required action. It will reduce the number of emails we all receive

Be courteous and notify the convenor if you are unable to attend.

Always consider the COVID screening questions before attending any in person event.

Do not attend any in person event if;

- •You have travelled outside Canada in the past two weeks.
- •You have symptoms of a cough, fever or shortness of breath.
- •You have been exposed to a person with Covid-19 or tested positive yourself.

VICE-PRESIDENT'S MESSAGE

Happy New Year!

Let's welcome the New Year and look forward to celebrating ONC's 50th Anniversary together in 2022.

Thanks to all of our members for making ONC a wonderful place to make new friendships, discover our city and engage in a variety of activities lead by our amazing convenors. We are so fortunate to have a group of talented women with such variety in life experiences to share.

I am excited to embrace our 50th year together.







SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
						New Year's Day!
2	3	4	5	6	7	8
		Joint ONC/ ONAC Tuesday Bridge ON- LINE				Grand-mothering Group Saturday Evening Bridge
9	10	11	12	13	14	15
	Mah Jongg Quilting Knitting and Crafts	Joint ONC/ ONAC Tuesday Bridge		Walk and Talk Book Chat Group	Happy Hour	
16	17	18	19	20	21	22
	Monday Movie/Dinner	Joint ONC/ ONAC Tuesday Bridge		Art Gallery Visit	Conversation en français	Dining Out Saturday Evening Bridge
23	24	25	26	27	28	29
	Mah Jongg	Joint ONC/ ONAC Tuesday Bridge West End Coffee and Chat	Afternoon Book Club	Afternoon Book Club Out and About	Happy Hour	Netflix Movie Night
30	31					
						3



We would like to say "welcome" to all our new members who have joined us in the past month.

"Meet A Member" Corner

Welcome Barbara!!

Member: Barbara

Hobbies, favorite things to do? My hobbies are reading, travel, walking/hiking and scrapbooking.

Comments I have enjoyed several outings with ONC and getting to know the Ottawa area. I am so glad that I joined this group.

Welcome Roz!

Member: Roz.

Hobbies, favorite things to do? I joined an outdoor pickle ball group and have started giving beginner piano lessons to my neighbour's daughter. I would like to relearn how to skate and perhaps cross country skiing, getting back in the pool to exercise, find a choir or musical group and hopefully go to a few Senators games.

Comments: I hope to build a friendship network as of course your life can't be just family! ONC seems to be a great group to diversify one's interests!! Pretty open to new experiences and the group seems to be filled with them!





Let's Celebrate 50 Years!!!



2022 begins the 50th year of Ottawa Newcomers' Club existence! We are looking forward to celebrating all year long.

I know that many of you have fond memories of your years in ONC. I would like to make a compilations of special memories, good times, and /or what ONC has meant to you and your transition to a new area or new life. A short description, your name (first only if you wish) and the year you joined ONC. You can send it in an email to oncpresident1972@gmail.com.

Thank you for your help in making this 50th year special. Deadline January 31, 2022

Over the Years' Stories

In looking through old minutes and newsletters, Ottawa Newcomers' Club has an interesting history. Each month, this 50th year, I will share an interesting tidbit about the "Old Days". It is an interesting trip down member lane.

In 1986, the club had Postal Code Coffee Parties. This was a coffee and chat for all those in that postal code. This allowed members to meet people in their vicinity. Interesting idea!

Trivia Night

Place: Zoom – On-Line

Date: Wednesday, January 26th

Time: 1:00 p.m.

RSVP: Sunday, January 24th

Cost: any cost will be advised prior to the event

Convenor:

Email:

Join for an hour or so, and test your knowledge of the number 50 or 1972 trivia! We will divide into teams. Contact the convenor to join in this fun!





Winter Fun

Place: Outdoors in Ottawa

Date: Any day the winter weather beckons us.....

Time: to be established per event

Register: email the Convenor to be added to her Club member list

Cost: any cost will be advised prior to the event

Convenor:

Email:



Winter is fast approaching, and with that, seasonal outdoor activities. If you cross-country ski, snowshoe, hike or skate, and would like to participate in some group outings, please let me know.

I am starting a list of eager participants, so we can be ready to roll once we have snow.

Because we need to consider weather and snow conditions, activities have to be scheduled ad hoc, and therefore will not appear in the monthly calendar.

If you are interested, please email me to let me know which activities you like, so I can contact you once we can get started.

Hoping to see you when the snow flies (and stays!),

Walk and Talk

Theme: Old Ottawa South's Bank Street

Location to Meet & Park: Parking area at the end of Windsor Street

Date: Thursday, January 13th

Time: 10:00 a.m.

Convenor: X & Y with Z as our guide

Email:

RVSP to X by: Friday, January 7th

Walk and Talk will continue our exploration of various Ottawa neighbourhoods with a walk in Old Ottawa South. This is a vibrant and eclectic part of the city. Z is all set to show us the highlights on Bank Street -- and there are so many.

The walk will be approximately 3 km, easy walking, weather permitting, and if we find we want to stop for a coffee or a snack, there are any number of cafes from which to choose.

Joint ONAC/ONC Tuesday Bridge Group

Location: Community Center, Main Hall, TBA

Date: Every Tuesday, beginning January 11th

Time: 11:30 a.m.to 2:30 p.m.

Register to Play: by emailing B. by 5:00 p.m. on the Friday before play

Cost: \$3.00 **Convenor:** B.

Email:

Home: 613-xxx-xxxx Cell: 613-xxxx-xxxx

Open to Bridge players from ONAC/ONC and spouses if they also wish to play. You do not have to have a partner to play.

For now, you need to be DOUBLE VACCINATED, wear a mask, bring your own snack and drink and pass the COVID pre-screening form before coming. I will email the form to you when you register.

OVER THE HOLIDAYS, TWO ON-LINE GAMES WILL BE PLAYED

DETAILS BELOW:

Tuesday, December 21st and Tuesday, January 4th at 7 p.m. for those interested. You may e-mail me with your BBO moniker and your phone number and I will add your names to the game.

Each game will be 16 hands long and the hosts will be designated by me. The hosts e-mail me the names of the top scorers, along with the score. Top winner will be announced in the weekly blurb.

HAPPY HOLIDAYS!! I look forward to hearing from you. B.

Saturday Evening Bridge with Bridge Base On-Line (BBO)

Place: On-Line

Date: Saturday, January 8th and 22nd

RSVP: Wednesday, January 5th and 19th

Time: 7:00 p.m.

Convenor: B.

Telephone: 613-xxx-xxxx

Email:

Saturday Evening Bridge will continue online with BBO and we are now also going to go on Zoom at the same time. A link for Zoom will be sent to your email when you sign up to play.



A GOOD BRIDGE MIX
ALWAYS INCLUDES FOUR NUTS

Grand-Mothering Group

Date: Saturday, January 8th

Time: 10:00 a.m. start until NOON

RSVP: Thursday, January 6th

Location: Home of one of our members.

Convenor:

Email:

Co-Convenor:

Email:

As this gathering is being held in a private home, safety precautions regarding COVID will be respected. If you have any concerns, Anne or Shelagh will be happy to discuss them with you. Lois will send location instructions when you register for the event.

Please note our group usually meets on the first Saturday of the month. In January, we are meeting on the second Saturday in place of New Year's Day.

Quilting, Knitting & Crafts

Place: Member's Home

Location: Kanata

Date: Monday, January 10th
Time: 1:00 p.m. to 3:00 p.m.

Convenor:

Email:

Phone: 613-xxx-xxxx

RSVP by: Thursday, January 6th

It is a great way to make new friends & share ideas. Feel free to bring along something to work on while here.

Conversation en Français

Date: Vendredi, 21 janvier

Heure: 12 heures Lieu: Kanata

Hôtesse: Organisatrices: Courriel:

RSVP: lundi 17 janvier

Rejoignez-nous pour un après-midi de conversation en français. Tout niveau de prise de parole est le bienvenu. Apportez un repas léger ou un café et un scone si vous le souhaitez.



GRANDMOTHER:



ONAC/ONC Couples Duplicate Bridge

Convenor: B.

Email:

Telephone: 613- xxx-xxxx



ONAC/ONC Couples Duplicate Bridge continues to follow COVID regulations. A notice will appear in the newsletter when we are safely able to resume meeting in person. Until then, keep safe.

Monthly Members' Lunch

Convenor: N.

Email:

Co-Convenor: C.

Email:



This club enjoyed a beautiful and memorable lunch at the Chateau Laurier in December. Thank you to all the members for making this Christmas celebration so much fun for all

N. and C. are taking the month of January off and the Monthly Members' Lunch will return in February.

Stay tuned for the next specially selected restaurant for February. As always, Proof of vaccination and photo identification is required to attend.

Drawing Together - NEW IN FEBRUARY

Convenor: D.

Email:

Phone: 613-xxx-xxxx

For those who like to draw as a hobby and would like the motivation of getting together with others to draw together and/or share drawings done at home, then Drawing Together is for you.

The group will meet the first Monday afternoon of the month from 1:00 -3:00 p.m. starting in February. During the colder weather, we will meet indoors to draw and share, but in the warmer weather, there will be opportunities to get outside and draw together. Numbers will be limited to 7 to allow distancing while indoors.

ONC/ONAC American Mah Jongg

Place: https://myjongg.net/ (online)

Dates: Monday, January 10th and Monday, January 24th

RSVP: Friday, January 7th and Friday, January 21st

Time: 7:00 p.m. for three games

Convenor: C.

Email:



American Mah-jongg is a Chinese game played usually with 4 people but can be played with 3. We will be playing online. I will be sending out an email before each game. If you would like to play online and need help getting started online, email me as well.

If you are interested in playing Mahjong, please email the convenor.

Happy Hour

Place: Zoom

Dates: Friday, January 14th and Friday, January 28th

RSVP: Wednesday, January 12th and Wednesday, January 26th

Time: 4:00 p.m. for an hour or so

Convenor: C.

Email:



I have started a new list of members signed up for 2022. Please email me if you want to be included on the list.

Lexulous - (online Scrabble)

Place: via www.lexulous.com

Convenor: L.

Email:

Co-Convenor: C.

Email:

To play, we set up a game, and then you get an email when it is your turn to play anytime, any day. You need only to register at the Lexulous website, and send your user name to either convenor, if you would like to play. There is no schedule. If you are interested in playing Scrabble in person, please let me know.

As things open up, this game will need an in-person convenor to schedule places to hold games. The club has several scrabble games. Perhaps you have a game room in your condo to reserve for scrabble. Contact the Vice-President at oncvicepresident@gmail.com

Book Chat Group

Date: Thursday, January 13th

Place: Zoom

Theme: Self-Help / Humour / Health Books

Time: 4:00 p.m. **NEW TIME**

RSVP: Monday, January 10th by noon

Convenor: E.

Email:

RSVP by: Tuesday, January 11th

"Have you ever noticed that anybody driving slower than you is an idiot, and anyone going faster than you is a maniac?" —George Carlin; "Clothes make the man. Naked people have little or no influence on society." —Mark Twain; It's like no one in my family appreciates that I stayed up all night over thinking for them. —Writer Mom

Who are your favourite humourists helping you through these difficult times? For the January meeting, we will discuss Self-Help, Humour and Health Books. "Like suspense, drama, an engaging voice, and vivid characterization, humour keeps readers turning pages. Like metaphors, however, humour also requires us to slow down and pay attention."

Afternoon Book Club

Date: Wednesday, January 26 and Thursday, January 27

Mental Health: Trauma and Recovery

Two groups will run for January; select your preferred day

Place: Blossom Park - south end of Bank Street

Time: 1:00 p.m. To 3:00 p.m.

Book: Butter Honey Pig Bread, by Francesca Ekwuyasi

Convenor: E.

Email:

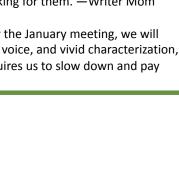
Theme:

RSVP: Please reply early, as venue restricts group size. Specify your preference for Wed or Thurs group

as both fill up quickly.

Enjoy great in-person conversation with other avid book readers! Exploring the theme of family trauma and recovery, we will discuss the "sensuous prose, deft plotting, and keen insights" of Butter Honey Pig Bread, by Francesca Ekwuyasi.

This deeply moving fictional saga follows three Nigerian women across three continents, as they struggle to repair painful family rifts from decades past. A 2020 Giller Prize longlist selection and 2021 Canada Reads finalist.



滅 Book 號

ONAC/ONC Monday Movie/Dinner

Place: Landmark Theatre, Kanata

Monday, January 17th Date:

Time: TBD by movie choice

Convenor:

Email:

Phone: 613-xx-xxxx

New Year's Resolution: Welcome in 2022 and join me and in the limit in

Landmark Theatre offers a special 20% discount off Senior Admission & Concession on Mondays. Come relax in a comfy recliner and meet new Members. The start time for most movies is late afternoon (3 p.m. on). This club is scheduled for the third Monday of the month.

I will email on January 12th, the movie selected and time to ALL the Members on my list who are interested in this group activity. You will then be able to purchase your ticket online.

In January, we will have the meet and greet before the movie at a nearby restaurant within walking distance.



Place: Anywhere you want!

Saturday, January 29th (the last Saturday of the month) Date:

Time: 4:00 p.m.

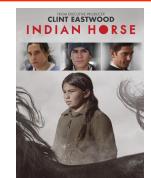
Movie: Indian Horse - NEEDS NEW MOVIE

Convenor:

Email:

RSVP by: Monday, December 13th

Saul is taken away from his family and cultural heritage and put into a residential school where he proves his mettle by displaying sporting skills. However, his real battle continues to be with racism and alcoholism.



Fun Lunch

The Fun Lunch activity has been cancelled until early spring when we can meet outdoors again.

F. Convenor:

Email:

Out and About

Location: Canadian Museum of Nature

Address: 240 McLeod Street, Ottawa

Date: Thursday, January 27th

Time: 11:00 a.m.

Cost: Members no cost; Adults \$16; Seniors \$14

Meal: Elgin Street Diner, 374 Elgin Street, Ottawa

Convenors: K. and S.

Email:

RSVP: by Thursday, January 20th

This month we will be visiting the Museum of Nature. A visit to the Arctic Gallery will offer exciting exhibits showcasing how our northern neighbours are managing their winter. Some of the exhibits include a Beluga harvest with an Inuvialuit family, exploration of the environmental challenges in the Arctic, and a display of artefacts discovered in 1992 from the fateful Franklin Expedition. Check out the museum's website at www.nature.ca to see more exhibits and information. After visiting several of the exhibits, please join us for lunch at the 50's style diner, Elgin Street Diner, a four-minute walk away.

HOW TO PARTICIPATE: You must pre-purchase your timed-entry ticket online or by phone prior to the visit. Try and purchase your ticket as close to 11:00 a.m. as possible. The 10-11:00 a.m. time slots are only available for members on Thursdays; however, from 11:00 a.m. onward, the general public can purchase tickets. Parking is available at the museum.

WHAT IS REQUIRED: Proof of vaccination and ID are required by both the museum and restaurant.

Art Gallery Visit

Place: Koyman Galleries

Location: 1771 St. Laurent Blvd, Ottawa

Date: Thursday, January 20th

Time: 10:30 a.m.

Cost: Free entrance to the Gallery

Convenor: N.

Email:

RSVP by: Monday, January 10th by email to the convenor

This month, we will go to Koyman Galleries <u>www.koymangalleries.com</u> which has more than five thousand original works of art by some of the best Canadian artists and photographers. This is an opportunity to wander the two floors of their art work representing more than 175 artists, many who are from Ottawa.

Afterwards, please join us for lunch at a local restaurant. There is ample parking and the gallery is accessible by public transportation.





Dining Out

Place: Bambu Restaurant

Address: 3993 Riverside Drive - Located in Hunt Club Market Place

Saturday, January 22nd Date:

Time: 11:30 a.m.

Convenor: L.

RSVP by: Wednesday, January 19th

Email:

Dining Out this month is moved from the 3rd Saturday of the month to the 4th, JANUARY 22ND. Bambu is a relaxed, buzzy bar/eatery preparing sushi rolls and other Thai, Japanese and Chinese Bites. Join us Ottawa Newcomers for lunch and shop at T & T afterwards.



West End Coffee and Chat

Place: **IKFA**

Date: Tuesday, January 25th

Time: 11:00 a.m. for an hour or so

Location: Pinecrest Shopping Mall, 2685 Iris Street, Ottawa

Convenor: В.

Email:

Phone: 613-xxx-xxxx

Join us to share your discoveries and questions about our community. All Newcomers are welcome. You don't have to live in the west end. We are meeting back at IKEA. The restaurant is open at 11:00 a.m.

I am quoting from the IKEA website: "In line with provincial regulations, proof of vaccination is now required for dining in at the IKEA Restaurant. "That includes a photo ID. Please come prepared with your vaccination proof.



Date: 2022 Time: Anytime! Place: Anywhere!

Convenor: E.

Email:

Join Me! Looking for friends to do things with outside of Activity Groups? Join Me is a way to connect with members between newsletters, with more spontaneous activities.

Join Me members email the Join Me convenor with their requests such as interested in taking skiing lessons ... attending concerts ... regular walks in my neighbourhood ... coffee group Join Me members receive those requests via email and can respond to those that interest them, as instructed in the email.



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WOULD YOU CONSIDER BEING A CONVENOR?

The events below have been very successful in the past. They have one thing in common.....they all need a convenor to start them up again. Please consider. It's a great way to help. Contact Shelagh Spence, VP at oncvicepresident@gmail.com

ON OUR OWN:

This is a chat group for those ONC women on their own (i.e. partner less) due to choice or life's circumstances.

TECH TALK:

Venue to talk about technology questions and usage.

FUN PHOTOGRAPHY:

Enjoy the many opportunities in Ottawa for wonderful pictures. All skill levels welcomed.

THIS MONTH'S FEATURE is LIVE THEATRES

The "Arts" have been greatly affected through these last two years. To support, we wanted to introduce you to the extensive list of live theatre and music venues in the city. Most have live performances again and on-line viewing is available at some of the venues.

Coming from the GTA area as many of us have before moving to Ottawa, it is such a pleasure to be 20 minutes from events and always ample parking!! One of the many benefits of moving to Ottawa.

Hope you get out to enjoy all that our city has to offer for the Arts!!!

Live Theatre and Unique Cinemas in Ottawa

National Arts Centre, 1 Elgin Street, Ottawa ON

https://nac-cna.ca/en/

Ottawa Little Theatre, 400 King Edward Avenue, Ottawa ON http://www.ottawalittletheatre.com/

The Meridan Theatres at Centrepointe, 101 Centrepointe Drive, Ottawa ON https://meridiancentrepointe.com/

Bytowne Cinema, 325 Rideau Street, Ottawa ON https://www.bytowne.ca/

Mayfair Cinema, 1074 Bank Street, Ottawa ON https://mayfairtheatre.ca/

Bronson Centre Music Theatre, 211 Bronson Avenue, Ottawa ON https://bronsoncentremusictheatre.com/

The Gladstone, 910 Gladstone Avenue, Ottawa, ON https://www.thegladstone.ca/

The Great Canadian Theatre Company, 1233 Wellington Street West, Ottawa ON https://www.gctc.ca/

Orpheus Musical Theatre Society, 17 Fairmont Avenue, Ottawa ON https://www.orpheus-theatre.ca/

Algonquin Commons Theatre, Algonquin College Ottawa Campus, Robert C. Gillett Student Commons, 1385 Woodroffe Ave Room E 104, Nepean, ON https://www.algonquinsa.com/algonquin-commons-theatre/

Music and Beyond, 185 Somerset St W Suite 208, Ottawa ON https://musicandbeyond.ca/

Sock 'N' Buskin Theatre, Carleton University's Kailash Mital Theatre, 1125 Colonel By Drive, Ottawa, ON https://socknbuskin.com/

TENDER LOVING CARE (TLC)

Anna Nares

a.nares@rogers.com

If you know of any member who has lost someone near and dear to them, or who is seriously ill or has undergone surgery, please let me know so that a card may be sent & support offered. Thank you for your help with this - we don't want to miss anyone! And remember, TLC continues throughout the year.

ONC ROSTER

G.

ONC Roster Chair

onc.roster@yahoo.com

Did you move, get a new phone number or email address?

Please email me with any changes or corrections .

Please remember that the ONC Roster and social media are for our members only and shall not be used for commercial gain, political purposes, charitable solicitation or distribution to third parties.

MEMBERSHIP

F

Membership Chair

If you are aware of any potential newcomers, please provide them with one of the following:

Website: www.ottawanewcomersclub.ca

Email: membership.onc@gmail.com

Business cards and small posters are available to hand out.

NATIONAL NEWCOMERS SITE

The National Newcomers' Club represent 63 newcomer chapters across the country. We are part of a very large organization. The national group is also always eager for volunteers to join the board. Do take the time to peek at what other Canadian groups are doing.

Website: https://nnac.ca

Recent NNAC Newsletter:

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ONC FACEBOOK PAGE

The ONC Members' private Facebook page < https://www.facebook.com/groups/ottawanewcomersclub/ > is a good place to go for information about off-calendar, spontaneous activities open to all ONC members. Reminders about Zoom events such as Happy Hour, Coffee & Chat, Book Club and more are frequently posted. Members can invite other ONC members to join them in off-schedule activities such as movies, concerts, walks, or even ride sharing for in-person events. Members are welcome to post information, to ask questions, or to seek advice about Ottawa resources (health care, home renovation specialists, shopping, etc.) that are in accord with the Page Guidelines, that would be of interest to other ONC members. Photos may be shared of advertised ONC activities. In order to join the ONC Facebook page, one has to join Facebook first.

NOTE: the ONC Facebook page is a Closed Group and can only be viewed by ONC members. For assistance on joining Facebook safely and securely, contact the Webmaster.

ONC's WEBSITE https://ottawanewcomersclub.ca/

Last year ONC introduced a new, interactive website. The colorful homepage is open to the public and contains information about the club, its activities and how to join.

Once one becomes an ONC member, access is provided to the private *Members-Only area* through a special Username and Password. The Password is changed once or twice a year for security reasons.

What can you find on the ONC Website? In the members-Only area you will find the following:

- A Message from the Club President
- Activities information and a Photo Gallery
- An Interactive Calendar of Activities
- The latest Newsletter and an Archive of past issues
- Membership Renewal Information / Waiver Forms
- · The current Board of Directors, their contact information and their Job Descriptions
- The Club's By-Laws and the Annual Financial Statements
- Links to Government Services, Utility Companies and Social Organizations

USING THE WEBSITE'S INTERACTIVE CALENDARS

When preparing to reserve or indicate your participation at an ONC event, Convenors' email addresses are now hot links on the **Website** Calendar. Click on the email address and your default email program will open with the Convenor's email address already filled in on the "TO:" line. You can even save the event listing to your own <u>Google</u> calendar.

Try it!

2021 – 2022 Ottawa Newcomers' Club Board						
President						
Vice-President						
Treasurer						
Secretary						
Publicity						
Newsletter						
Webmaster & Facebook						
Member @ Large/TLC						
Roster						
Program						
Membership						