



November 2018

A MESSAGE FROM THE PRESIDENT



Residents of Ottawa share a unique Canadian-ness because of our proximity to Parliament Hill, the Supreme Court of Canada and the National War Memorial, among other places. Every November, upwards of 20,000 people crowd onto Confederation Square on Remembrance Day to mark Canada's role in fighting for freedom and peace around the world. We honour the dead and celebrate the military men and women who returned home.

Many ONC women are daughters, sisters, mothers and wives of military personnel. I am the mother of a war veteran. If you have never attended the Remembrance Day ceremonies downtown, I would urge you to do so at least once in your lifetime. Be early, dress very warmly, and prepare to walk a ways as the downtown core is cut off for the parades. The toll of the Peace Tower bell at the 11th hour, the 21-gun artillery salute, the sombre signature songs of the youth choirs, the fly-past of Canada's fighter jets and the Parade of Honour by Canada's military are stirring beyond words.

Lest We Forget.

WANTED: New Webmistress (Training Provided!)

We need your help!

We are thinking ahead to next year as we plan a replacement for our webmistress. Nominations for next year's board are a long way off (February 2019), but we need someone to slip into the role of maintaining our website and our closed Facebook page. ----- will be moving on to our alumni group in July. Some comfort with computers would be preferable and anyone interested will want to stay in this role for two years, if possible. That means someone who joined ONC after July 2016.

---- will work closely with her replacement and also stay close by to help as long as needed. If you have any questions or would be interested, please contact ...

Your Board

November 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2 Talk, Paper, Scissors 10:00 am	3
4	5 Coffee & Chat 10:00 am	6 Bridge 11:45 am	7 Members' Lunch 11:30 am	8 Art Tour 10:30 am	9	10 Saturday Evening Bridge 7:00 pm
11	12	13 Bridge 11:45 am Knit & Such 10:00 am	14 Mah Jongg 10:00 am Walk & Talk 9:50 am	15 Out-and- About 12 Noon	16 Scrabble 10:00 am	17 Dining Out 11:30 am Duplicate Couples Bridge 7:00 pm
18	19	20 Bridge 11:45 am	21 Fun Lunch 11:30 am	22	23	24 Movie Night
25	26	27 Bridge 11:45 am	28 Afternoon Book Club 1:00 pm Mah Jongg 10:00 am	29 Christmas Crafts 1:00 pm	30	

NEW MEMBERS

Please give a warm welcome to our newest members:

- 1.
- 2.
- 3.



TALK, PAPER, SCISSORS

PLACE: Nepean
DATE: Friday
TIME: 10 a.m. to noon
CONVENORS:
RSVP by:

Talk, Paper, Scissors meets at 10 a.m. on the first Friday of the month from September to June. Unless otherwise stated, we gather in the same home each time. This activity focuses on paper crafting, introducing a new technique each month. However, this year we are excited to announce that a few Fridays will be given over to other art activities led by ONC artists. Stay tuned! All paper crafting supplies and a snack are provided for the cost of a tooney. Those of you who do not wish to take part in the craft are welcome to bring your own project to work on, or just come for the "talk" part!

If you wish to take part in the paper craft on November 2nd, please bring a favourite 4x6 family portrait to put in the special Christmas "frame" we will be making. The photo could be one of your children, grandchildren, a special friend or

Please let me know by October -- if you'd like to join in the fun. We are limited to 12 crafters. We look forward to seeing you on Friday, November.



COFFEE & CHAT

PLACE: Mamie Clafoutis (French Bakery/Café)
400 Richmond Road (Westboro - corner of Roosevelt and Richmond Road)
Note: No credit cards, only debit and cash accepted
DATE: Monday
TIME: 10:00 a.m. for an hour or so
CONVENOR:
EMAIL:
PHONE:
RSVP by:



Why not start your Monday morning experiencing a unique French Bakery and Café from Quebec? Enjoy eating yummy French pastries and savouring coffee/tea, you can chat with other Newcomers about November activity plans.

Link: <http://www.mamieclafoutis.com/ottawa/>

Mamie Clafoutis: 613-729-9923

Parking: Parking on Richmond Road and surrounding streets. Please check the time limit which is usually 90 minutes.

JOINT TUESDAY BRIDGE GROUP

ONAC Convenor:

ONC Convenor:

NOTE: PLEASE CONTACT ---- TO BE PUT ON THE PLAYERS' LIST.



Welcome to Tuesday Bridge Group – This year we are playing -----. Please arrive in the Main Hall by 11:45 a.m. as we are setting up. We play until 2:45 p.m. Cost is still \$3 and you do not need a partner. If you have a significant other who would also like to play, they are also welcome. Let me know by the Friday before.

We started Tuesday, September 11th and go until December 18th. We begin in the New Year on January 8th, and play until June 16th or possibly June 23rd (to be determined). We do not play the week of March break.

SNACKS: You are asked to contribute to our snack rotational roster. There is a sign-up list. Suggestions are one plate of mixed veggies/fruit and cheese/crackers, up to a maximum of twice per year. When it is your turn you also bring a half liter of milk and a half liter of cream for the coffee. There is no reimbursement for this, but you do not pay the day you bring your items.

NOTE: Simple boxed cookies will be provided by the club, as will the tea and coffee.

Please call the Convenor to be put on the list to play by the FRIDAY before. The players' list for the following Tuesday is sent out the Friday Evening before. This way you may check to see that you have been put on the list, and if left off for some reason, you can be added in, in the event of cancellations.

We look forward to welcoming new members!

SUMMER GOLF

Thank you to all the participants, it was a great and fun golf season. See you all next Spring.



JOINT ONC/ONAC MONTHLY MEMBERS' LUNCH

DATE: Wednesday

TIME: 11:30 a.m., Social 12:00 noon, Lunch

PLACE:

CONVENOR:

EMAIL:

RSVP by:

The Ottawa Newcomers Alumni Club (ONAC) is pleased to invite ONC Members to a joint lunch at Tudor Hall.

The guest speaker will be the Honourable Sharon Carstairs, Chair of The OutCare Foundation, who will address the issues of ageing and palliative care.

MENU:

Caesar salad served with assorted Dinner Rolls

Chicken Pasta Primavera in a Rose Cream Sauce

OR

Vegetarian Option: Pasta Primavera as above but without chicken

Chef's Choice Dessert: Chocolate Truffle Cake

Coffee / Tea / Water

Price: \$30.00 all-inclusive. Exact change would be appreciated.

Please RSVP before --- to above email, and **please state your meal preference**, along with any allergies or dietary restrictions. Once I have your responses I will send a list of attendees so we can carpool.

Remember. a reservation made is a reservation paid.



ART TOUR

PLACE: National Gallery of Canada, 380 Sussex Drive

DATE: Thursday

TIME: 10:30 a.m. (meet at 10:15)

CONVENOR:

EMAIL:

PHONE:

RSVP:



A guided tour, **Highlights of the National Gallery of Canada**, is scheduled for our November Art Tour activity. We will explore masterpieces during this tour of the Gallery's extraordinary collections of art from across Canada and around the world. This tour will appeal especially to those ONC members who are interested in familiarizing themselves with the permanent collections in the NGC.

This will be a guided tour for a minimum cost of \$80 which will be divided among the participants attending (for example, 10 participants = \$8.00 each; please bring some cash). In addition, there is a general admission to the National Gallery of Canada. (Members: free; Non-members: adults \$15, seniors \$13.)

We will meet near the Group Entrance Information desk (just past the coat check and across from the washrooms) around 10:15 a.m.; our tour begins at 10:30. You may bring a guest to this event if you wish (1 guest per ONC member). After the tour we will gather together for coffee or lunch.

Underground parking is available and costs \$2.75 per half-hour, up to a daily maximum of \$14 (Members \$12).

There is a fee for the guided tour, the ONC policy of ***a reservation made is a reservation paid*** applies. A reminder email will be sent to participants for car pooling purposes and will include the restaurant information.

SATURDAY EVENING BRIDGE

DATE: Saturday

TIME: 7:00 p.m.

HOSTS:

EMAIL:

PHONE:

RSVP by:



Welcome to a fun evening of bridge. Every month we take turns hosting on the second Saturday of each month from September until June. We begin at 7:00 p.m. with dessert and coffee/tea and a little social time. Each person puts \$1.00 into the pot that is divided up for prizes.

This is a very popular event and the hosts may have limited space so it is good to sign up as soon as the newsletter comes out. The address will be sent to those who have signed up.

KNIT & SUCH

PLACE: Stittsville

Parking: Along the street, a few extra spots in the driveway
and a few in the visitor lot around the corner

DATE: Tuesday

TIME: 10:00 a.m. for 90 minutes or so

CONVENOR:

EMAIL:

PHONE:

RSVP by:



Anyone interested in knitting, crochet or any needlework, please join us deep in the West end. Bring your projects, patterns and patience, especially among novice needle ladies who are trying their hands at a new craft. Spare needles, hooks, yarn and patterns are on offer as well. See you there! Address and details on confirmation.

ONC/ONAC AMERICAN MAH JONGG

PLACE: Westboro

DATES: Wednesday

TIME: **9:50 AM** for a 10:00 AM start until NOON

CONVENOR:

EMAIL:

PHONE:



American Mah Jongg is a game of Chinese origin usually played by 4 people but can be played with 3. I can accommodate up to 4 tables of 4.....that is 16 but we allow ladies to watch to see if you are interested in learning.

We are mostly new players and have FUN. We do not play seriously but gather for friendship, to laugh and the challenge of learning a new game.

Our teacher is available to teach new students. You must contact her for lessons at ----- to inquire about lessons. Right **NOW**, she has classes going on Mondays and we will soon have 4 new players joining us. I am so excited to welcome brand new players into our wacky world.

I usually send out a notice to those interested before each game. Please learn and join us WE REALLY HAVE FUN. And that is what ONC is all about.....new experiences and new friends.

WALK AND TALK

PLACE: Old Quarry Trail/Kanata

DATE: Wednesday

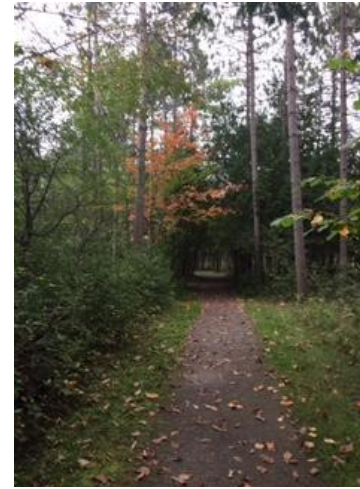
TIME: 9:50 a.m. for 10:00 a.m. departure

CONVENOR:

EMAIL:

PHONE:

RSVP:



Last month Walk and Talk traveled East, now we are headed to western Ottawa, specifically Kanata! --- will lead us on the Old Quarry Trail (NCC Trail 23) which is part of the extensive trail system located in the Stony Swamp Conservation area of the Greenbelt. Will we see signs that winter is coming or still enjoy an Indian Summer day? What forest creatures will be out and about?

Meeting Place: Parking lot P5 on Eagleson Road across the street from the Hazeldean Mall

Restaurant: Morning Owl Coffee House
1047 Canadian Shield Drive, Kanata

Notes: We are on a mostly flat gravel loop, but consider the recent weather when making your footwear choice. We will drive to the restaurant which is about seven minutes away from the trail head. A reminder e-mail will be sent on the weekend prior to the walk with additional details and names for carpooling purposes.

OUT & ABOUT

PLACE: Rideau Hall, Residence of the Governor General

Parking: Along MacKay Street, outside the gates

DATE: Thursday

TIME: Noon for 45 minute inside tour

CONVENOR:

EMAIL:

PHONE:

RSVP by:



Please join us for an inside tour of the spectacular mansion built in 1838 by lumber baron, Thomas MacKay. He left his 1,000 acre property to what is now The City of Ottawa including this area, which serves as the capital's Office Residence of Canada's Vice-Regal Representative. (A second Official Residence is in Quebec City.) We will, of course, be guided through only a few of the 175 rooms in this 100,000 square foot building, which radiates throughout with the history of Canada.

Our group will meet outside the front door beneath a black gazebo. It is near the front fountain. Free parking is along MacKay Street. You must be prompt. ALLOW YOURSELF AT LEAST 10-15 MINUTES TO WALK FROM YOUR CAR TO THE FRONT GAZEBO. THESE ARE VERY EXPANSIVE GROUNDS.

At exactly noon, we will be led inside, through a Security check. A map of the area including parking will be emailed to you on confirmation. We will wander off nearby for lunch afterwards.

SCRABBLE

PLACE: Westboro

DATE: Friday

TIME: 10:00 a.m. to 12 noon

HOSTESS:

CONVENOR:

EMAIL:

PHONE:

RSVP by:



Come and join us to play Scrabble and socialize.

We will be meeting on the third Friday of each month at the Party Room in Westboro.

Parking is easy. There are two Visitor Parking spots and one Handicapped Parking spot at the location and plenty of 3-hour Free Parking Spots on the street.

Many buses go to the Westboro Bus Station which is in easy walking distance of the location.

An email will be sent out on November --, to those who will be attending (for car pooling purposes) which will also give directions to the location.

DINING OUT

Place: Bazille, Rideau Centre

Date: Saturday

Time: 11:30 a.m.

Convenor:

Email:

Phone:

RSVP:



Bold flavours elevate beloved bistro classics and brick-oven pizza in this bright and inviting restaurant. Bazille is located inside the Nordstrom department store, on the second floor.

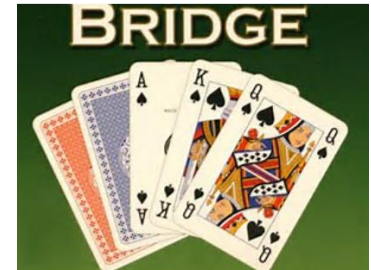
An email will be sent out to participants for carpooling, although OC Transpo may be your best bet on a busy Saturday in the ByWard Market area.

I hope to see you there.

COUPLES DUPLICATE BRIDGE

Couples ONC and ONAC Duplicate Bridge meet the 3rd Saturday of **every** month 7:00 p.m. for a 7:15 p.m. start at the -----

Please contact ----- to register and for further information.



FUN LUNCH

PLACE: Barrhaven

HOSTESS:

DATE: November

TIME: 11:30 a.m.

CONVENOR:

EMAIL:

PHONE:



Fun Lunch, which is pot luck, is a great opportunity to meet fellow ONC members & share a lovely meal & wine, while getting to know each other better. You may bring an appetizer, salad, entree, dessert or wine. Please have your dish "ready to serve" when you arrive. For those who supply appetizers & the wine, please be prompt, as we are a hungry & thirsty bunch! Regular attendees will bring a dish from each category at least once during the year. A guest list is begun once the newsletter has been published. If you wish to attend, please email me, to let me know what you are bringing. A hostess can accommodate a limited number of guests, so its best to **REPLY PROMPTLY**. This event is **VERY POPULAR**, so please sign up **ASAP**, so that you will not be disappointed! If you cannot attend after you have signed up, please let me know right away, as there may be a wait list & someone else could take your place. A list of attendees will be sent closer to the date so that you can arrange car pooling.

For the comfort of your fellow members, *please refrain from using fragrances and scented products at all ONC activities.*



MOVIE NIGHT

PLACE: ByTowne Cinema, 325 Rideau St. Ottawa

DATE: Saturday

TIME: To be announced

SCHEDULED MOVIE: To be announced

CONVENORS:

EMAIL:

PHONE:

R.S.V.P.:



The ByTowne Cinema usually advertises movies and showtimes two weeks in advance of an upcoming two months period. We choose showtimes late afternoons or early evenings. A separate notice will be emailed once the movie and time is available.

The group usually meets 15 minutes before showtime inside at the Suggestion Box. After the film, we can head out for coffee or a light snack as the group wishes.

How to get there: Any bus passing down Rideau to and from the Rideau Centre can be accessed. Parking: On streets in Lowertown or Sandy Hill or Loblaws parking garage half a block from the cinema – flat rate all day Saturdays \$ 4.00.

We sure hope you will join us!

AFTERNOON BOOK CLUB

PLACE: Alta Vista

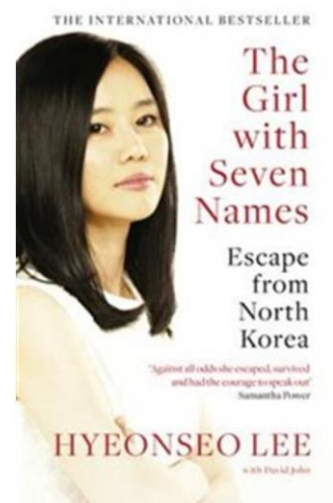
DATE: Wednesday

TIME: 1:00 p.m. to 3:00 p.m.

CONVENOR:

EMAIL :

PHONE:



The afternoon book club will meet at ----- to discuss the non-fiction book, *The Girl with Seven Names - A North Korean Defector's Story* by Hyeonseo Lee (with David John). ----- has volunteered to lead the discussion of this interesting memoir.

Please register by email early as this group is very popular. Prior to the book club meeting a list of attendees (for carpooling purposes), directions to ----- place, as well as parking information will be sent to those who have registered.

CHRISTMAS CRAFTING

PLACE: 417 & Lees
DATE: Thursday
TIME: 1:00 – 3:00 p.m.
CONVENOR:
EMAIL:
RSVP by:



Christmas Craft - October

I would like to update you on the Yule Logs that I was planning to do on October 25. I am having difficulty getting the logs split, so I may at the last minute change this to hanging decorations; miniature snowmen. I still have room for 4. Please RSVP by October --.

Christmas Craft - November

We will be making Christmas decorations. Unfortunately the exact project will depend on whether or not I have been able to get the logs split for October and what project we actually get to do in October. The projects in mind are Yule Logs; hanging ornaments; miniature snowmen. Minimal costs will apply. Please RSVP by November --.

